



Sweet start

3.75

1. Overnight oatmeal in oat milk with sauté apples, brown sugar and drizzled with maple syrup
2. Overnight oatmeal in oat milk layered with bananas and drizzled with honey
3. Overnight oatmeal in oat milk with berry compote, chia and coconut
4. Overnight oatmeal in oat milk with Nutella and bananas

Belgian Waffles with fruit- Two Belgian waffles with fruit medley, maple syrup and whipped cream 14

Belgian Waffles with Nutella- Two Belgian waffles with Nutella, bananas and whipped cream 14

Egg sandwiches on croissant

Egg n' cheese- two fried eggs with American cheese 5.75

Bacon egg n' cheese- two fried eggs with American cheese and bacon 7.75

Sausage egg n' cheese- two fried eggs with American cheese and sausage patty 7.75

All egg sandwiches are served with hash brown

GF Roll or GF bagel + \$1

Breakfast bowl

Backyard Cowboy- Beef hash with poached egg and hollandaise sauce served in a pastry bowl 12.75

Woods and garden- creamed spinach with shitake mushrooms and poached egg, and sliced toasted almonds, served in pastry bowl 12

Biscuit

Sausage red eye gravy- sausage gravy with hint of espresso over biscuit 12

Sausage red eye gravy- with eggs 15

Eggs Benedict-two poached eggs, ham, hollandaise sauce on house made biscuit 12

Bagel with Lox

Lox, tomato, onion, capers, on a bagel with cream cheese 12



Loaded Naan

Sunrise-sauté peppers and tomatoes, sunny side up egg, melted mozzarella, sprinkled with chive 12

Mexican Dance- mashed avocado, quick pickled onion, Heirloom tomato medley, crème fraiche, cilantro 12

Meadow-fresh spinach, sauté shitake mushrooms drizzled with truffle oil 9
Add breaded chicken 3

By the sea- superfood fall mix, fresh tomato, smoked salmon, cucumber yogurt 12

Baguettes- Freshly baked in the house

Ham n' cheese- ham, smoked mozzarella, pickle and mustard aioli 7

Roast Beef-roast beef, sauté onion, horseradish mayo and fresh spinach 7

Smoked Salmon- arugula, cucumber, lemon aioli 8

Salads

The Cloud-Burrata, spinach, arugula, quick pickled onion, roasted pepper- served with fresh crispy baguette 14

Grilled Caesar - charred romaine lettuce, anchovies, parmesan shavings, homemade Caesar dressing 12

Add chicken 4

Fall Apple- baby spinach, apples, cranberries, pomegranate, goat cheese, candied walnuts, red beets, Maeve's dressing 14

Warm Fall- warm fall vegetable mix, barley, raisins, parmesan cheese shavings 12
Add chicken 4